

*Oakwood  
Portrane Road  
Donabate  
Co. Dublin*

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20th April 2011

Dear Club Secretary,

The Aer Lingus Swimming club has pleasure in inviting you to participate in the **AER LINGUS OPEN GALA** at the ALSAA Pool Dublin Airport on Sunday 22nd May 2011.

**This meet will be a Heat Declared Winner meet, run in Multi-Age Group format with medals for the following Age-Groups**

|  |                      |                                 |
|--|----------------------|---------------------------------|
| <b>9 and under, age 10, 11</b>         | <b>50m</b>           | <b>All Four Strokes</b>         |
| <b>9 and under, age 10, 11</b>         | <b>100m</b>          | <b>Individual Medley</b>        |
| <b>age 12,13,14,15, 16+</b>            | <b>100m and 200m</b> | <b>All Four Strokes</b>         |
| <b>age 12,13,14,15, 16+</b>            | <b>200m</b>          | <b>Individual Medley</b>        |
| <b>11 and under, 12-14<br/>and 15+</b> | <b>4*50m</b>         | <b>Free &amp; Medley Relays</b> |

***Age is as at May 22<sup>nd</sup>. 2011.***

In addition requests can be made for specific time trials to be run which we hope can be facilitated during the day. ***Any swimmer aged 11 and under may enter a 100m race in the age 12 category if they wish.***

Medals will be awarded to 1st, 2nd and 3rd in each age group. There will be an overall trophy, best male and female swimmer of the day. We will also be awarding a prize for best travelling team on the day.

Order of events are enclosed. Entries on Hytek and fees should be returned not later than Monday 16th May 2010 on email to Margaret O'Brien at [margaretobrien@hotmail.com](mailto:margaretobrien@hotmail.com)

There are catering facilities in the pool complex plus limited free car parking in the ALSAA Pool Complex or alternatively there is free parking in the Aer Lingus Head office car park in front of the pool. **Please note the new entrance to the ALSAA Pool; a right turn off the main road into Dublin Airport just beyond the entrance to the Clarion Hotel.**

Aer Lingus Swimming Club looks forward to seeing you at our gala in May 2011.

Yours in Sport

**Margaret O'Brien - Gala Organiser**

## AER LINGUS SWIMMING CLUB OPEN GALA

(Under F.I.N.A. & SWIM IRELAND Laws)

- DATE :** Sunday, 22nd May 2011  
Warm-up starts 1 hour before each session. However, this may be revised at the discretion of the gala organiser.
- VENUE :** ALSAA Swimming Pool, Dublin Airport.
- ENTRIES TO:** [margaretobrien@hotmail.com](mailto:margaretobrien@hotmail.com)
- FEES TO :** Margaret O'Brien, Oakwood, Portrane Road, Donabate, Co Dublin  
0861956058
- CLOSING DATE :** Tuesday 17th May 2011.
- ENTRY FEES :** Individual Entry - €6.00
- CHEQUES :** Should be made payable to :-  
Aer Lingus Swimming Club.
- FACILITIES :** 5 Lane, 25 Metre Pool, Omega Electronic timing system with reaction pads and full 5 lane scoreboard. Limited free car parking in the ALSAA Pool complex or alternately free car parking in the Head Office car park in front of the pool.
- ONLINE ENTRIES :** The Gala will be run using Hytek Meet Manager for Windows. Clubs can email [margaretobrien@hotmail.com](mailto:margaretobrien@hotmail.com) for Meet Events or Meet Entries.
- MEDALS :** Medals will be awarded to 1st, 2nd and 3rd in each event and for Age-Groups set out in programme.
- Note :** Any points not covered by these conditions will be at the discretion of the Gala Organiser.

# AER LINGUS SWIMMING CLUB OPEN GALA

22nd May 2011

## ORDER OF EVENTS

### **SESSION 1 - SUNDAY MORNING** Warm-up 9.00am Start 10.00am – Girls First

| <b>EVENT</b>       | <b>DISTANCE/STROKE</b> | <b>AGE</b>               |        |
|--------------------|------------------------|--------------------------|--------|
| <b>Girls First</b> |                        |                          |        |
| 1-2                | 200M INDIVIDUAL MEDLEY | ages 12, 13, 14, 15, 16+ | H.D.W. |
| 3-4                | 50M BUTTERFLY          | 9 and under, age 10, 11  | H.D.W. |
| 5-6                | 100M BUTTERFLY         | ages 12, 13, 14, 15, 16+ | H.D.W. |
| 7-8                | 200M BUTTERFLY         | ages 12, 13, 14, 15, 16+ | H.D.W. |
| 9-10               | 50M BACKSTROKE         | 9 and under, age 10/11   | H.D.W. |
| 11-12              | 100M BACKSTROKE        | ages 12, 13, 14, 15, 16+ | H.D.W. |
| 13-14              | 200M BACKSTROKE        | ages 12, 13, 14, 15, 16+ | H.D.W. |
| 15-16              | 100M INDIVIDUAL MEDLEY | 9 and under, age 10, 11  | H.D.W. |
| 17-18              | 4* 50m FREESTYLE RELAY | 11/ under, 12-14 and 15+ | H.D.W. |

### **SESSION 2 - SUNDAY AFTERNOON** Warm-up 1.00pm Start 2.00pm – Boys First

| <b>EVENT</b>      | <b>DISTANCE/STROKE</b> | <b>AGE</b>               | <b>FEMALE</b> | <b>MALE</b> |
|-------------------|------------------------|--------------------------|---------------|-------------|
| <b>Boys First</b> |                        |                          |               |             |
| 19-20             | 50M BREASTSTROKE       | 9 and under, age 10, 11  |               | H.D.W.      |
| 21-22             | 100M BREASTSTROKE      | ages 12, 13, 14, 15, 16+ |               | H.D.W.      |
| 23-24             | 200M BREASTSTROKE      | ages 12, 13, 14, 15, 16+ |               | H.D.W.      |
| 25-26             | 50M FREESTYLE          | 9 and under, age 10, 11  |               | H.D.W.      |
| 27-28             | 100M FREESTYLE         | ages 12, 13, 14, 15, 16+ |               | H.D.W.      |
| 29-30             | 200M FREESTYLE         | ages 12, 13, 14, 15, 16+ |               | H.D.W.      |
| 31-32             | 4* 50m FREESTYLE RELAY | 11/ under, 12-14 and 15+ |               | H.D.W.      |

# AER LINGUS SWIMMING CLUB OPEN GALA

## Summary Sheet

Club: \_\_\_\_\_ Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone No: \_\_\_\_\_

### MALE

Individual entries at \_\_\_\_\_ @ €6.00 = \_\_\_\_\_

### FEMALE

Individual entries at \_\_\_\_\_ @ €6.00 = \_\_\_\_\_

Cheque enclosed £ \_\_\_\_\_